

**Achievement Activity: Celebrating Success****Celebrating success where you are**

Celebrating success is an important factor in creating a positive and supportive environment. In the busy lives of a workplace we don't take enough time to celebrate the great things that are happening with ourselves and the young people we work with. So here's some ideas to celebrate all the successes you have!

**Class/Group treasure chests**

The treasure chest is somewhere to store the class's/groups successes and happy memories. It might be a photo album of snaps of excursions, fun activities, great pieces of work and visitors to the school/workplace.

**Group Mood boosters**

Into the group mood booster goes the title of all the books they love, the songs they like singing, the strengths builders they enjoy the most, the stories they ask for again and again. You build this resource throughout the year as you notice what they particularly enjoy, what calms them down, what cheers them up. You invite them to choose one for the start of a lesson, to prepare for learning or after a bad lesson, to repair everybody's mood. Or you choose one yourself.

We can turn to either the mood booster or the treasure chest as a way to start a session or days so that these important moments become positive, building a sense that learning is enjoyable and worthwhile. The end of a day or a session should ideally be positive too. How you look back on an event is determined by the most intense part of the experience and how it felt just before it ended.

If you can build into each day or each session one really fun experience and a positive end, students looking back over the day will rate it positively even if the rest of the day was more mixed. That will encourage them to anticipate a good day tomorrow and overall to rate 'education' or the focus of your group as a positive experience.

Taking a moment at the end of the day to savour its happiest moment will increase positive emotion in the present and provide a happy memory to go back to in the future. You don't have to do such activities every day but you do need to persist with them to have an effect.