

## Role play – Seeing the doctor

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### Patient role playing cards

<p>You have been feeling very tired and run down lately. No matter how much sleep you get you wake up tired. You don't have the energy for the hobbies you used to enjoy.</p>	<p>You've had a cold for 2 weeks and it isn't getting better.</p>
<p>You have been very irritable and moody. Your parents have been on your case a lot and you are reacting badly. You're not sure why.</p>	<p>You have been down and depressed since your best friend moved away. It was ok at the start but now you're starting to get upset about everything. You're not sure how to handle it.</p>
<p>Your friend has been experimenting with cannabis and you have noticed lots of changes about their behaviour. You are worried about them and would like to know more about the medical effects.</p>	<p>Design your own health concern...</p>

### Receptionist's script:

**Patient approaches the reception desk**

**Receptionist:** Good morning, do you have an appointment?

**Patient:** Yes, my name is \_\_\_\_\_

**Receptionist:** Excellent, there you are there. The doctor will be about 10 minutes. Have you been to this practice before?

**Patient responds.**

**Receptionist:** Great, can you fill in this short form and can I have your Medicare card?

**Students can improvise an ending to this scene.**

### Doctor's script:

**Patient enters doctor's office.**

**Doctor:** Good morning, I'm Dr \_\_\_\_\_ how are you feeling today?

**Patient reads or describes their scenario from the role playing card.**

**Doctor:** Well that doesn't sound good, can you tell me a bit more about....

**Patient improvises, providing more information.**

**Doctor: Improvises health advice or other information....**

**Talking to your parents or carers about health concerns:**

***A student is asked to play the role of the parent.***

**Student:** Hey mum/dad can I talk to you about something important?

**Parent:** Yeah sure, just give me a sec to finish this (may mime folding washing or cooking dinner)

**Student:** I'm a bit worried about how I've been feeling lately. I think I need to go and see the doctor.

**Parent:** Why?

**Student:** *adds in details about why they are worried about their health...*

*Dialogue continues to an appropriate end.*

**Class discussion around some of the barriers, which may occur when discussing these concerns with our parents – See teacher notes for more information around parent consent and the importance of keeping parents informed.**

**Talking to your friend about health concerns:**

***A student is asked to play the role of the friend.***

**Friend:** Hey .... We've been a bit worried about you lately. Are you feeling ok?

**Student:** Yeah, yeah I'm fine. Everything is fine.

**Friend:** Well I've noticed that you .... (add details of concern such as not eating, being short with people, crying all the time, being stressed out) and we just want you to be ok.

**Student:** Well I guess that's true but I really don't know what to do about it.

**Friend:** Do you think it would help to talk to your parents about going to see a doctor?

*Dialogue continues to an appropriate end.*